



**We Serve so our Community can Live,  
Work, and Play Independently**

## **Spinal Cord Injury Awareness Month**



Every September is Spinal Cord Injury (SCI) Awareness Month. The U.S. Senate designated September as National SCI Awareness Month in an effort to raise awareness about SCI, the need for better treatments and education on prevention. There are 17,000 new cases of spinal cord injuries each year.

The Center for Independent Living of Northwest Florida is proud to be a resource for any individual who is seeking assistance. We will be hosting an Intro to Spinal Cord Injury and Resources webinar on September 15, 2020 at 10:00 AM CST. [Learn more and register today!](#)

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## Stay Informed and Enjoy Our Events Anytime!



**FAAST 101: AT to Promote Independence- Meet ALEXA and Find Out How She Can Help You:** CILNWF apologizes for any technical difficulties that may have occurred when trying to access our presentation. We invite you to participate now anytime to [Learn more](#) about FAAST, Spinal Cord Awareness Injuries, and the technology that can make everyday life easier and more enjoyable for all of us.



**Wheellifeconnections Podcast:** Our own Advocacy and Outreach Coordinator Joanne Pearson appeared on the Wheellifeconnections podcast! Host Sara Gaver is a disability advocate, a role model, and a public speaker. She also won Miss Duval County USA. [Listen to the podcast](#) and find out more!



**Round Table Events:** CILNWF will be premiering a new type of virtual experience. Starting in October we will be hosting virtual round table events with partners in our own community on subjects like education, ADA services, and much more. These presentations will be available live on Facebook and through Zoom! You will be able to ask questions by submitting them early, or by posting them live in the comment section, and our dedicated panelists of experts will answer any questions you may have.



**Webinar Series:** Our dedicated team conducts different online events and learning opportunities each week for our community. We know not everyone can attend them when they premier live, so we archive them on our website! Explore our [Webinar Series](#) page and find out more about what we have to offer.



**Community Events:** As much as we try, we know we cannot provide every opportunity that may be needed. That's why CILNWF always includes a list of other community events and resources that may be of interest to you. Inquire about what's coming up in the future by visiting this shared list of [community events](#).



**New Social Media:** We are expanding our Social Media platforms! Follow us now on our [Facebook](#), [Twitter](#), and [Instagram](#) to keep up on everything CILNWF is doing.

[\*\*Donate Today!\*\*](#)

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## Upcoming Webinars

### Intro to Spinal Cord Injury & Resources



**Florida Spinal Cord Injury  
Resource Center presenters**

**Anthony Radano:** A C6-7 incomplete quadriplegic of 24 years and coordinates the Center's SCI Peer Mentor Program.

**Justin Stark:** a C6 incomplete quadriplegic of 30 years and is the Director of the FSCIRC.

**Sep 15, 2020 10:00 AM Central Time (US and Canada)**

[\*\*Register\*\*](#)

## **IEP 101: An Overview of 504 Plans**



**Sep 29, 2020 1:00 PM Central Time (US and Canada)**

[Register](#)

## **IEP 101: TIEP and Transition**



**Oct 20, 2020 1:00 PM Central Time (US and Canada)**

[Register](#)

## ADA Basics: Title 1 Employment



Oct 6, 2020 1:00 PM Central Time (US and Canada)

[Register](#)

## Employment Round Table Discussion



Oct 13, 2020 10:00 AM Central Time (US and Canada)

[Register](#)

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## Reoccurring Events



## Peer Support Group!



Every Second Wednesday of the Month at 12:00 PM Central Time (US and Canada)

[Register](#)

## ASL Training with Di Tift



Every Wednesday at 12:00 PM Central Time (US and Canada)

[Register](#)

## Social Conversations



Every Thursday at 12:00 PM Central Time (US and Canada)

[Register](#)

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## Golden Elite

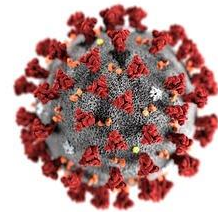


Golden Elite's mission is to educate our community about the importance of leading a physically active, drug-free lifestyle that includes living with integrity and respect for oneself by using the sport of track and field. Golden Elite trains youth ages 4-18, some college athletes and seniors that compete in the Senior Olympics. Their program offers more than track and field we provide mentoring, life-skill classes, nutritional education, abstinence classes, and tutoring resources. Their program is an 11-month program broken into two seasons.

[Visit Their Website](#)

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The CIL of Northwest Florida continues to provide comprehensive services throughout the pandemic. Please be in touch with us so we can work together and assist you in addressing areas related to COVID-19 or general questions, concerns, and support.



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Visit us online and stay in touch with our organization!

[PDF version available](#)



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